

Dr. Ryan Davis: Attention Issues, School Stress, & Pain in the Time of COVID Part One

Staying online all day is not easy! There have been many new demands with the current COVID-19 pandemic, especially when it comes to schooling and working from home. What if your child is having a hard time focusing in class or it's triggering their pain? What if more issues are arising due to this virtual format? This 3-part educational series explored how parents can support their children who deal with ADHD, ADD, attention issues, school stress, and/or chronic pain during the time of COVID. Dana Pachulski had discussions with experts in the field, with an interactive Q+A with participants. The events were designed to flow together.

On September 21st, Ryan Davis, MD, spoke about medications and ADHD for teens. Dr. Davis is a Harvard trained and board certified psychiatrist who specializes in Child and Adolescent Psychiatry and is the founder of the Mind Health Institute Beverly Hills. He is well trained in psychotherapy as well as psychopharmacology and offers a comprehensive personalized approach that is tailored to your individual needs. Dr. Davis is thoughtful and collaborative with treatment decisions, making sure that you receive the treatment that you need and feel comfortable with the process. Dr. Davis is a recipient of the 2014 Patient Choice Award, 2016 Pasadena Magazine Top Physicians and 2015, 2016 & 2017 Super Doctors Top Southern California Rising Stars, 2019 Los Angeles Magazine Top Doctor, 2019 & 2020 Super Doctors. Dr. Davis is also currently on faculty at UCLA and is a certified and accredited coach through CTI and the ICF. Dr. Davis is also trained in Cognitive Behavior Therapy for Insomnia.

<https://www.youtube.com/watch?v=6ZVN3cx6gRo&t=21s>