

## Dr. Sandra Loo: Attention Issues, School Stress, & Pain in the Time of COVID Part Three

Staying online all day is not easy! There have been many new demands with the current COVID-19 pandemic, especially when it comes to schooling and working from home. What if your child is having a hard time focusing in class or it's triggering their pain? What if more issues are arising due to this virtual format? This 3-part educational series explored how parents can support their children who deal with ADHD, ADD, attention issues, school stress, and/or chronic pain during the time of COVID. Dana Pachulski had discussions with experts in the field, with an interactive Q+A with participants. The events were designed to flow together.

On October 2nd, Sandra Loo, PhD shared the state of the science on ADHD and attention issues for teens. Dr. Loo is Professor of Psychiatry and Director of Pediatric Neuropsychology and Pediatric Neuromodulation within the Semel Institute for Neuroscience and Human Behavior, UCLA David Geffen School of Medicine. Dr. Loo is a clinical and translational researcher whose work over the past 25 years has encompassed genetic, electrophysiology (EEG) and neurocognitive biomarkers within ADHD and other neurodevelopmental disorders. She has published over 120 peer reviewed journal articles and book chapters on these and related subjects. Dr. Loo has maintained continuous NIH grant funding (PI/co-PI) for the past 15+ years. She reviews for the NIH Child Psychopathology and Developmental Disabilities committee, as well as other local and international foundations, and is on the editorial board for the Journal of Attention Disorders and The ADHD Report. Dr. Loo's teaching and clinical activities are focused on comprehensive neuropsychological assessment of youth with pediatric (traumatic brain injury, epilepsy, brain tumors) and psychiatric (ADHD, Specific Learning Disorders, mood and anxiety) disorders. She oversees research and clinical training for a full spectrum of trainees interested in specializing in ADHD and related disorders. Dr. Loo wishes to contribute to moving the field forward by promoting evidence-based practices and training next generation clinician scientists in ADHD.

<https://www.youtube.com/watch?v=2BbgSUiLq50&t=2s>