

Dr. Karen Nielsen: COVID 19 in Children and What We Know To Date

All of our lives have changed due to COVID-19, but there are still so many unanswered questions. Parents of youth with chronic pain are facing a unique set of challenges. Is this reminding your child of when they were stuck at home due to pain? Is this triggering your child's pain? What can you do to support your child during these difficult times, while still taking care of yourself?

Creative Healing for Youth in Pain (chyp) hosted an online community event for parents about how to navigate these uncharted waters with flexibility, patience, and kindness (for your child and yourself!).

On May 22nd, Dr. Karin Nielsen (a virologist and Professor of Clinical Pediatrics in the Division of Pediatric Infectious Diseases at UCLA Children's Hospital) spoke about COVID-19 in children and what we know to date. This is the second of the four "Parenting During COVID-19" lecture series.

<https://www.youtube.com/watch?v=GfT6cbBMyAs>