

Dr. Carin Fractor: Supporting Your Child's Schooling from Home During COVID-19

All of our lives have changed due to COVID-19, but there are still so many unanswered questions. Parents of youth with chronic pain are facing a unique set of challenges. Is this reminding your child of when they were stuck at home due to pain? Is this triggering your child's pain? What can you do to support your child during these difficult times, while still taking care of yourself?

Creative Healing for Youth in Pain (chyp) hosted an online community event for parents about how to navigate these uncharted waters with flexibility, patience, and kindness (for your child and yourself!).

On May 19th, Dr. Carin Fractor (an experienced Principal with a demonstrated history of working in the primary/secondary education industry) spoke about supporting your child's schooling from home during COVID-19. This is the first of the four "Parenting During COVID-19" lecture series.

<https://www.youtube.com/watch?v=ZAxj2R26fZs>