Rules of Engagement for ChypCHAT Zoom

In light of recent events following the COVID-19 outbreak, CHYP is doing everything we can to provide additional resources for this population. As many of us are isolated and stressed, we can use this time to increase our social supports online. CHYP is providing a weekly Zoom video chat (called chypCHAT) for youth with chronic pain to feel connected to others facing similar challenges. The duration of this service is unknown and may be discontinued at any time.

- 1. Please remember that everyone's pain journey, symptoms, diagnosis, and treatment is different. What works for you may not work for others, and vice versa. Further, this is not meant to be a therapeutic intervention or medical treatment, and no medical or clinical advice should be shared.
- 2. Be respectful, responsible, and appropriate with your use. This is a judgment and intolerance free space.
- a. DO NOT: Bully, harass, disrespect, exploit, bash, troll, or be rude, offensive, cruel, or graphic.
- b. Refrain from content (e.g. language, pictures, or jokes) that is inappropriate, foul, abusive, or suggestive.
- c. This organization and online community does not have any religious or political affiliation (all are welcome!). Out of respect for differing beliefs that can trigger others, please refrain from those types of comments/content.
- d. Try to stay on-topic and relevant.
- e. Treat others the way you want to be treated. If your comment/response is not positive or supportive, think twice about posting, or speaking. This is a frustrating time for everyone. While venting is part of the process, we want to encourage positivity and support.
- 3. Although there will be an adult moderating the discussion, this is not meant to be a therapeutic intervention or medical treatment whatsoever. This is solely an opportunity to feel connected to peers during this challenging time.
- 4. No selling, soliciting, promoting, advertising, spamming, or fundraising for profit.
- 5. This is a vulnerable population. We understand that chronic pain is linked to mental health issues (like depression and anxiety). However, self-harm/suicidal comments or threatening comments (to self or to others) will not be acceptable topics of discussion and the individual/comments may be removed. This community is not an emergency service. If you feel like you or someone else is in danger, please call "911."
- 6. If you have a concern or question about what you or others are discussing, please feel free to reach out to the CHYP team (admin@mychyp.org).

7. If you have questions about any content you encounter through CHYP, please consult with your own doctors and clinicians. Exposure to everything through CHYP is purely educational and should be processed with a professional. Information provided through this service is not intended or implied to be a substitute for professional medical or psychological advice, diagnosis, or treatment. All content available through CHYP is for general purposes only.

DATA PRIVACY NOTICE

Please note that CHYP may record the conversations and related video so they can be shared with our audience, and those who are not directly involved may still be able to benefit from this "round table discussion."

We discourage you from sharing personal information (last names, phone numbers, social media accounts, addresses, etc.) and sensitive information (medical or clinical advice or diagnoses).

However, we may collect and use in Media Publications the following information, as disclosed in the authorization form you signed permitting us to use this information:

- First name (or alias);
- Image(s);
- Voice;
- Diagnosis (optional); and
- Testimonials.

If you have a concern or question about what you or others are sharing, please feel free to reach out to the CHYP team (admin@mychyp.org).

I am mindful that my feedback and other contributions to this group will be used to support CHYP's mission. This may include my first name (or alias), age, writings, photographs, videos, audios, and more to be used throughout CHYP media. I am aware that my participation in CHYP activities is voluntary.

I have read through and agree to the rules of engagement. I know that the chypCHAT (Zoom) is an independent program that will be using as a tool to collaborate and share ideas. I understand this is an optional method of communication that I do not have to use, but if I am added to this group, I agree to all of the above rules.

Please <u>initial</u> the paragraph below which is applicable to your current situation:	
I am 18 years of age or older and I am conhave read this document before signing below meaning, and impact of this release. I understate specific questions regarding this release by subadmin@mychyp.org or calling 818-671-0620 produced do so will be interpreted as a free and knowled release.	and I fully understand the contents, and that I am free to address any omitting those questions to rior to signing. I agree that my failure to
I am the parent or legal guardian of the document before signing below, and I fully un impact of this release. I understand that I am fregarding this release by submitting those que 818-671-0620 prior to signing. I agree that my free and knowledgeable acceptance of the term	iderstand the contents, meaning, and ree to address any specific questions estions to admin@mychyp.org or calling failure to do so will be interpreted as a
Youth's Name:	Age:
Youth's Signature:	Date:
Parent's Signature:	Date: